

FINAL RESULTS

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2009 ITU TUZO Mombasa African Cup Triathlon

RACE NO.	NAME	CLUB/SCHOOL	TOTAL TIME	SCHOOL/CLUB POINTS	TOTAL RANK
7/U Boys Triathlon 50m swim, 2.5km Bike, 650m Run					
065	Max McReed	BAN	00:05:21	22	1
086	Nabil Dhanji	JA	00:06:00	18	2
100	Mustafa Sheikh Hussein	CTC	00:06:19	16	3
369	Abdallah Ali		00:09:08	14	4
047	Burhannudin Yusuf	CTC	00:09:24	12	5
371	David Okelo		00:09:32	10	6
446	Kasim Abdalla		00:09:46	8	7
370	Omar Salim				DNS
Elite Men					
	Henry Buck		02:00:21	22	1
	Zachariah Britton		02:05:59	18	2
	Swaleh Balala		02:25:34	16	3
	Reginald Lusala		02:54:17	14	4
	Abdulkadir Jabanain		02:55:34	12	5
	Alexandra Sio		03:41:18	10	6
7/U Girls Aquathlon 100m Run, 50m Swim, 100m Run					
220	Carmen Hasel		00:03:41	22	1
163	Sarosh Dadani		00:03:53	18	2
246	Alisha Varia		00:03:57	16	3
219	Hanifa Awale		00:03:58	14	4
218	Shamim Ngare		00:03:59	12	5
197	Hiral Shah		00:04:00	10	6
256	Alexis Maina		00:04:59	8	7
338	Nadine Abbas	CA			DNS
289	Justin Awour				DNS
9/U Boys Aquathlon 200m Run, 50m Swim, 200m Run					
349	Nobby Obuya		00:03:08	22	1
337	Ahmed Abbas	CA	00:03:13	18	2
123	Swaleh Talib	BAN	00:03:22	16	3
161	Njau Njuguna		00:03:40	14	4
236	Ousman Vanderbag		00:03:49	12	5
240	Musayeb Khamisa	JA	00:03:53	10	6
217	Trevor Maina		00:04:14	8	7
241	Adnan Khan	JA	00:04:44	6	8
347	Shaizab Khan		00:06:25	4	9
350	Shaizan Yusuf		00:08:15	2	10
239	Mohammed Shali	JA	00:08:25		11
351	Ali Hassan Ngare		00:09:05		12
500	Ali Salim Omar		00:09:17		13
443	Mohammed Omar		00:09:21		14
445	Abdulkareem Abduljabbar		00:09:50		15
446	Sameer Ali		00:10:03		16
501	Mohamed Abubakar		00:10:04		17
448	Mohammed Ali		00:10:05		18

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449	Abubakar Athman		00:10:05		18
502	Abdulkadir Salim		00:10:50		20
126	Shuheib Abdulrahman		00:10:51		21
348	Telvin Kameta		00:10:59		22
310	Mohammed Musa		00:04:19		DQ.
276	Abdulswamad Abass		00:03:12		DQ.
232	Vijal Vinodkumar	JA			DNS

Elite Female

	Ahliya Musa		03:24:00	22	1
	Wanyeki Muthoni		03:28:36	18	2
	Mary Mwhaki		03:35:07	16	3
	Vicky Holand		00:22:10		DNF
	Lisa Norden		00:22:09		DNF

14/15 Boys Triathlon 375m swim, 10km Bike, 2.5km Run

103	Mohammed Nadeen	JA	00:42:13	22	1
052	Aliasger Sheikh Quraysh	CTC	00:44:19	18	2
051	Kayle Spencer		00:44:24	16	3

11/U Boys Aquathlon 400m Run, 50m Swim, 200m Run

238	Jan Nelson	CTC	00:04:29	22	1
201	Ibrahim Abdulhakim		00:04:45	18	2
230	Ali Karim	JA	00:04:59	16	3
226	Mohammed Naaman	JA	00:05:07	14	4
229	Hussein Virji	JA	00:05:13	12	5
343	Omar Mohammed		00:05:14	10	6
264	Norein Sheikh		00:05:16	8	7
227	Haitham Ali Shosi	JA	00:05:29	6	8
237	Bil Akidi		00:05:33	4	9
228	Kumail Okera	JA	00:05:40	2	10
286	Abdulrahman Abdulkadir		00:05:54		11
309	Arafat Fathy		00:05:58		12
231	Sibtain Shahnawaz	JA	00:05:59		13
332	Munir Abdallah		00:06:01		14
225	Husaam Abdulrahim	JA	00:06:34		15
341	Adam Hassan		00:06:44		16
291	Ahmed Omar		00:06:49		17
345	Abdul Musa		00:07:18		18
127	Ahmed Ali		00:07:38		19
339	Omar Salim		00:08:03		20
259	Ali Mohammed Ali		00:09:51		21
290	Mohammed Fareed		00:00:12		DQ.
340	Ayman Ifan		00:00:12		DQ.
305	Hussein Mahmoud				DNS
307	Mohammed Farhat				DNS
306	Mohammed Abdulkarim				DNS

9/U Girls Aquathlon 200m Run, 50m Swim, 200m Run

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RACE NO.	NAME	CLUB/SCHOOL	TOTAL TIME	SCHOOL/CLUB POINTS	TOTAL RANK
124	Maria Brunllehher	BAN	00:03:21	22	1
215	Amina Shariff		00:03:32	18	2
212	Nikita Gyssler		00:03:40	16	3
214	Vincenza Skivitu		00:04:28	14	4
213	Natasha Kibwana		00:04:47	12	5
285	Sofia Suleiman	CTC	00:05:08	10	6
287	Afrah Said	CTC	00:05:21	8	7

8/9 Girls Triathlon 50m swim, 2.5km Bike, 650m Run

033	Maria Brunheller	BAN	01:10:04	22	1
063	Julliet McReed	BAN	01:10:27	18	2
074	Mahima Patel	OA	01:11:39	16	3
049	Carla Carelo	BAN	01:11:46	14	4
071	AMmina Shariff	CA	01:15:13	12	5

10/11 Girls Triathlon 200m swim, 5km Bike, 1.25km Run

082	Caroline kameta		00:28:00	22	1
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8/9 Boys Triathlon 50m swim, 2.5km Bike, 650m Run

070	Victor Wambura	AKA	00:09:24	22	1
076	Telvin Kameta		00:10:22	18	2
050	Swaleh Talib	BAN	00:11:41	16	3
089	Adnan Khan	JA	00:12:27	14	4
045	Njau Njuguna		00:12:35	12	5
087	Abdulkadir Ismael	JA	00:14:27	10	6
088	Mohammed Shali	JA	00:14:38	8	7
048	Abdultayeb Adnan	CTC	00:15:07	6	8

5/U Girls Aquathlon 100m Run, 50m Swim, 100m Run

221	Debra Langat		00:02:22	22	1
329	Husseina Adnan	CTC	00:05:23	18	2
222	Nuriya Said		00:06:53	16	3

7/U Boys Aquathlon 100m Run, 50m Swim, 100m Run

242	Nabil Dhanji	JA	00:03:17	22	1
216	Abbas Said		00:03:18	18	2
243	Samir Okera	JA	00:03:35	16	3
244	Soud Shikely	JA	00:05:17	14	4
211	Martin Ogot		00:05:29	12	5
257	Paul Oruya		00:05:40	10	6
311	Juma Abdallah		00:06:08	8	7
314	Abdulrahman Omar		00:06:20	6	8
316	Adam Abdulrazak		00:06:23	4	9
315	Barak Mwalimu		00:07:24	2	10
313	Omar Ahmed				DNS

10/11 Boys Triathlon 200m swim, 5km Bike, 1.25km Run

069	Martin Matiba	AKA	00:20:44	22	1
064	Jack McReed	BAN	00:21:16	18	2

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RACE NO.	NAME	CLUB/SCHOOL	TOTAL TIME	SCHOOL/CLUB POINTS	TOTAL RANK
098	Ali Karim	JA	00:21:41	16	3
097	Hussein Virji	JA	00:22:55	14	4
072	Immanuel Okoforo	BAN	00:23:45	12	5
080	Ibrahim Abdulhakim		00:27:16	10	6
093	Mohammed Naaman	JA	00:27:52	8	7
091	Hussam Abdulraheem		00:28:37	6	8
079	Alwy Salim	JA	00:29:30	4	9
099	Saibtain Shahnawaz	JA	00:30:10	2	10
095	Kumail Okera	JA	00:30:55		11
078	Malik Vandabag		00:35:10		12
096	Nashon Mwangemi	JA	00:37:58		13
092	Issa Shigog	JA	00:38:43		14
094	Anish Janardhanan	JA	00:41:19		15

12/13 Girls Triathlon 375m swim, 10km Bike, 2.5km Run

081	Sharifa Ingosi	CA	00:40:04	22	1
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7/U Girls Triathlon 50m swim, 2.5km Bike, 650m Run

067	Bianca Scharat		00:09:38	22	1
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5/U Boys Aquathlon 100m Run, 50m Swim, 100m Run

246	Swabir Ahmed	JA	00:01:23	22	1
245	Fardeen Hasham	JA	00:02:31	18	2
112	Burhannudin Pirbhai	CTC	00:03:30	16	3
323	Abubakar Said		00:03:32	14	4
327	Swabir Abdulkarim		00:03:35	12	5
331	Akram Ayub		00:03:45	10	6
328	Mohammed Ibrahim		00:04:05	8	7
320	Abdulkadir Abdurazak		00:04:42	6	8
325	Hassan Ali		00:04:57	4	9
326	Abdulhakim Israfil		00:05:16	2	10
330	Salim Mohammed		00:05:27		11
322	Yasir Abdallah		00:05:07		DQ.
318	Kassim Abubakar				DNS

14/15 Girls Triathlon 375m swim, 10km Bike, 2.5km Run

083	Hanifa Said		00:40:46	22	1
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12/13 Boys Triathlon 375m swim, 10km Bike, 2.5km Run

085	Deeyn Shah	BAN	00:39:50	22	1
084	Shiraj Magella	AKA	00:40:26	18	2
053	Vandan Patel		00:44:30	16	3
077	Victor Kameta		00:49:29	14	4
059	Omar Taib	BAN	00:49:33	12	5
102	Fazleabbas Janmoh'd	JA	00:50:45	10	6
057	Juman Anwar		01:02:36	8	7
046	Yusuf Abdulkarim		01:04:06	6	8
101	Suheil Amerali	JA	01:04:48	4	9
055	Abdalla Seif		01:04:50	2	10

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RACE NO.	NAME	CLUB/SCHOOL	TOTAL TIME	SCHOOL/CLUB POINTS	TOTAL RANK
066	Hassan Simba		01:10:48		11
073	Taher Qureish		01:20:30		12
11/U Girls Aquathlon 400m Run, 50m Swim, 200m Run					
321	Faith Mwikali			22	1
233	Caroline Kameta		00:04:17	18	2
207	Innes Kareno	BAN	00:04:58	16	3
234	Tracy Mwangora		00:05:06	14	4
235	Zaynab Jamal	CTC	00:05:31	12	5
319	Maryam Hussein				DNS
13/U Boys Aquathlon 400m Run, 100m Swim, 200m Run					
210	Victor Kameta		00:04:26	22	1
223	Kassim Mohammed	JA	00:05:16	18	2
224	FazleAbbas Jan	JA	00:05:24	16	3
258	Ali Mohammed		00:05:34	14	4
269	Abdullahi Shosi		00:05:58	12	5
312	Assad Anwar		00:06:28	10	6
308	Abdukarahim Mohammed		00:06:33	8	7
301	Mohammed Said		00:07:32	6	8
293	Ikriman Mohammed		00:07:37	4	9
304	Abdulhamid Abdallah		00:08:05	2	10
275	Mohammed Abubakar		00:08:39		11
297	Said Bwana		00:08:49		12
277	Abubakar Omar		00:08:50		13
260	Nawab Abdulkadir		00:08:51		14
295	Shahame Hussein		00:09:10		15
344	Hussein Mohammed		00:09:15		16
261	Mustafa Jailan		00:09:18		17
113	Michael Bullens	JA	00:09:23		18
288	Osman Ali		00:09:37		19
281	Murshid Mohammed		00:09:38		20
284	Mohammed Muhsin		00:10:37		DQ.
302	Abdullahi Asaad		00:06:00		DQ.
296	Mahmoud Abdulaziz				DNS
267	Ismail Said				DNS
262	Abdul najib Ahmed				DNS
273	Faiz Mohammed				DNS
271	Abubakar Abdulaziz				DNS
280	Abdallah Hassan				DNS
298	Hassan Mahmoud				DNS
13/U Girls Aquathlon 400m Run, 100m Swim, 200m Run					
204	Shariffa Ingosi		00:05:24	22	1
352	Violet Nyatich		00:06:27	18	2
194	Halila Mahmoud	CTC	00:00:40		DQ.
15/U Boys Aquathlon 400m Run, 100m Swim, 200m Run					
195	Swabry Butt		00:05:14	22	1

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RACE NO.	NAME	CLUB/SCHOOL	TOTAL TIME	SCHOOL/CLUB POINTS	TOTAL RANK
299	Ayub Yusuf		00:06:27	18	2
300	Adil Anwar		00:07:17	16	3
303	Mohammed Suleiman		00:07:57	14	4
294	Shaffiik Habshy				DNS
274	Abdallah Omar				DNS
272	Abubakar Mumin				DNS
263	Abubakar Abdulkadir				DNS

15/U Girls Aquathlon 400m Run, 100m Swim, 200m Run

317	Irene Kayeri				DNS
282	Shukria Ali	CTC			DNS

17/U Boys Aquathlon 400m Run, 100m Swim, 200m Run

278	Sudi Ali		00:04:31	22	1
122	Hamza Mohammed Shafi		00:04:35	18	2
270	Mohammed Ibrahim		00:06:31	16	3
267	Abdurahman Suleiman				DNS

15/U Boys Relay

251	Muhammad Nadeem (S) , Muzamil Sadak (R)	JA	00:04:21	44	1
252	Sajjadali ghulamhu (S) , Irfan A viraji (R)	JA	00:04:44	36	2
268	Walleed Abdullah (S) , Mohammed Said (R)		00:05:08	32	3
250	Abbas Mohammad (S) , Muslim Muraj (R)	JA	00:06:27	28	4
266	Abdulhakim Mohammd (S) , Haroun Shee (R)				DNS
342	Mohammed Suleiman (S) , Brian Otieno (R)	CTC			DNS

13/U Boys relay

255	Awadh Arafat (S) , Swabir Hussein (R)	CA	00:04:16	44	1
336	Antony Obadi, Zuleikha Tayabali		00:04:18	18	2
334	Muadh Fareed (S) , Ahmed Omar (R)	CTC			DNS
342	Bryan Otieno, Mohamed Suleiman				DNS

13/U Girls Relay

114	Hamida Abdallah (S) , Kulthum Shariff (R)	CA			DNS
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11/U Boys Relay

249	Anish Jarnadhnan (S) , Abdulrahman Hatimy (R)	JA	00:04:27	44	1
248	Aleem Jagani (S) , Ali Hussein Mohammad (R)	JA	00:04:48	36	2
162	Alwy Salim (S) , Malik Vanderbag (R)		00:04:55	32	3
446	Omar Mohammed, Abdallah Ali	JA	00:05:29	14	4
447	Mohamed Fadhil, Ali Omar	CTC	00:05:50	24	5
448	Jabar Ali, Mohamed Salim	CTC	00:06:41	20	6
449	Moses Kamau, Ali Bakari	CTC	00:08:13	16	7

11/U Girls Relay

82	Carroline Kamata		00:28:00	22	1
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9/U Boys Relay

111	Collins Langat (S) , Willis Owese (R)		00:03:08	44	1
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247	Yusuf Ali (S) , Abdulkadir Ismail (R)	JA	00:03:10	36	2
7/U Girls Relay					
160	Fatma Hamza (S) , Simran Lagadi (R)	OA	00:03:00	44	1
199	Elaine Wanjiru (S) , Tania Mbebe (R)	CA	00:03:45	36	2
205	Sarosh Dadani (S) , Alisha Varia (R)				DNS
18/U Boys Relay					
254	Mohammad Ali Awadh (S) , Ajay Singh (R)	JA	00:03:44	44	1
253	Swabir Rustam (S) , Husaam Gharib (R)	JA	00:03:56	36	2
Physical Challenged					
200	Solomon Kiwinda		00:02:07	22	1
202	Said Karisa		00:02:19	18	2
196	Twafiq Abdulwahib		00:03:50	16	3
Physically challenged Girls					
198	Azmina Yusuf		00:02:48	22	1
208	Ankita Patel		00:03:04	18	2
5/U Relay Girls					
203	Quencey Wanaina (S) , Umra Asham (R)	CA	00:02:35	44	1
209	Silvana Mercedes (S) , Maria Lumatete (R)		00:03:38	36	2
353	Amy Claire Seboru (S) , Anabel Karongari (R)		00:03:38	36	2
044	Abigael Macharia (S) , Anne Waitherero (R)		00:06:08	28	4
Above 20 Female Aquathlon					
164	Dorcas Muli		00:04:33	22	1
20 and above female Triathlon					
061	Chinatsu McReed	BAN	00:42:53	22	1
106	Esther Achar	CTC	00:51:48	18	2
104	Hafswa Habib	CTC	00:52:26	16	3
20 and above Male Triathlon					
060	Simon McReed	BAN	00:45:56	22	1
062	Peter Toms		00:49:56	18	2
105	Nazir khambiye		00:55:53	16	3
Men Relay Triathlon					
108	Mbarak Chiita , Mahsin Nyangau	BAN	00:59:59	22	1
Half Distance Men Triathlon					
107	Saad Abeid	CTC	01:18:04	22	1
109	Khalif Hassanali		01:36:48	18	2
Full Distance 1.5 , 40 , 10					
004	Henry Buck		02:00:21	22	1
003	Zacharia Briton		02:05:59	18	2

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010	Swaleh Balala		02:25:34	16	3
024	Washington Otieno		02:50:53	14	4
002	Philip Newton		02:51:42	12	5
030	Reginald Lusala		02:54:17	10	6
027	Abdulkadir Jabanain		02:55:34	8	7
020	Nate Schaffran		02:58:47	6	8
023	Rohan Patel		03:17:31	4	9
028	Nelson Makanga		03:19:22	2	10
016	Alexander Sio		03:41:18		11
011	Salim Ahmed		04:04:04		12
Full Distance Female 1.5 ,40 , 10					
006	Josphine Lamshed		03:11:04	22	1
029	Alya Musa		03:24:00	18	2
008	Wanyeki Muthoni		03:28:36	16	3
017	Mary Mwahika		03:35:07	14	4
022	Atieno Aluoch		00:36:35		DNF